

Dear Parents and Guardians,

You can support your child in finding the ideal career, or a suitable field of study for him or her. Girls' Day (Future) and Boys' Day (Future) offer orientation and guidance with this. The action days take place once-a-year in April, and pupils¹ from class 5 and upwards can take part.

The aim of the action days is for young people to try-out new things and to get to know their own strengths and talents better. Indeed, many young people can think of only a few options when choosing a profession or a course of study.

Girls tend to choose professions in which predominantly women work, such as nursing, education, sales or psychology.

Conversely, boys mainly choose professions which are almost exclusively male, such as automotive mechatronics technician, industrial clerk, painter and varnisher, or those in different areas of IT/computer science.

With these action days, young people learn about the diversity in the world of work and studies and are encouraged to look beyond their own horizons. More than 10,000 companies and institutions take part every year and offer exciting insights into everyday working life or fields of research. The young people experience the day in groups, with girls and boys each among themselves, thus making it possible to try things out, free from prejudices and clichés.

You and your child can find out more about the Girls' Day and Boys' Day professions by watching our videos in which people like Derya (industrial mechanic) and Hakan (medical technical laboratory assistant) talk about their everyday working lives and how they got their respective jobs.

In brief:

Pupils from class 5 and upwards can take part.

The action day provides practical experience in a company, and insights into a field of study.

Takes place: **23rd April 2026.**

Find a place and register at:
www.girls-day.de/radar or
www.boys-day.de/radar.

Any questions? We can help:
info@girls-day.de | +49 521 106 7357
info@boys-day.de | +49 521 106 7360

Girls' Day careers:
www.girls-day.de/berufevideos

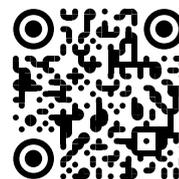
Boys' Day careers:
www.boys-day.de/berufevideos

It is so easy to find a place on the Girls' Day or Boys' Day!

1. Access www.girls-day.de/radar or www.boys-day.de/radar
2. Enter your place of residence and/or search term
3. Select a suitable offer
4. Register
5. Register online or by phone

Tip:

- ★ Search specifically for accessible offers!
- ★ Visit the website regularly!
- ★ New offers every day, as of January!
- ★ Receive messages about our new offers automatically!



Translation/ Download in:
Arabic, English, Polish,
Russian, Turkish and
Ukrainian

As parents, you decide, together with your child, whether he or she would like to participate in the action day. The respective school has to agree to excuse your child from lessons on that day.

Request to be excused from lessons

With this application, you can ask your child's school to excuse him or her from classes for Girls' Day or Boy' Day. Please fill out the application, sign it, and give your child the completed application form to take to their school.

....., class,
[First and last name of the pupil]

would like to take part in the

Girls' Day offer (only for girls)

Boys' Day offer (only for boys)

on at
[date] [Institution/Company]

I therefore please request that he/she be excused from lessons.

.....
[First name and surname of the parent/legal guardian]

.....
[Place, Date, Signature]

All the information on Girls' Day:

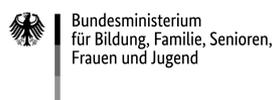
Bundesweite Koordinierungsstelle
Girls' Day – Mädchen-Zukunftstag
Kompetenzzentrum
Technik-Diversity-Chancengleichheit e. V.
Tel. + 49 (0)521 106-73 57
www.girls-day.de
Email: info@girls-day.de

All the information on Boys' Day:

Bundesweite Koordinierungsstelle
Boys' Day – Jungen-Zukunftstag
Kompetenzzentrum
Technik-Diversity-Chancengleichheit e. V.
Tel. +49 (0)521 106-7360
www.boys-day.de
Email: info@boys-day.de

¹ Genderqueer kids are welcome at Girls' Day/Boys' Day! If you have any questions, feel free to contact us.

Gefördert durch:



Organised and held by

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